

Together We Run

To Overcome (Week 2)

LifeNotes

TALK IT OVER

Main Idea

Together we overcome what alone would overcome us.

Key Scriptures

When he came down from the mountainside, large crowds followed him. A man with leprosy came and knelt before him and said, "Lord, if you are willing, you can make me clean." Jesus reached out his hand and touched the man. "I am willing," he said. "Be clean!" Immediately he was cured of his leprosy. Matthew 8:1-3

He is patient with you, not wanting anyone to perish, but everyone to come to repentance. 2 Peter 3:9b

Each one should use whatever gift he has received to serve others, faithfully administering God's grace in its various forms. 1 Peter 4:10

Systemic racism and generational poverty are overcome when we lean in one life at a time.

Lean in one life at a time:

- Reach out to someone who looks different than you.
- Serve someone who has less than you.

Start talking.

- What has been most overwhelming from the last 3 months?
- How do you typically respond when situations feel overwhelming?

Start thinking.

- Read Matthew 8:1-3. What overwhelming circumstances did the leper face?
- Look closely at the actions of Jesus from the passage. What were his reasons for his actions and words?
- Read 2 Peter 3:9b. How does Jesus model this idea with his actions?
- Read 1 Peter 4:10. Why does God give us gifts?

Start sharing.

- Why is it easy to, "lose the forest for the trees" when it comes to overwhelming and complex societal issues?

Start doing.

- Who is someone you will reach out to this week that "looks" different than you?
- How can you use the gifts you've been given to serve someone else with less than you this week?

Closing prayer.

Jesus, thank you for your example of tender, personal care for all. Thank you that individual lives always matter. Help us not to become paralyzed by the complex and overwhelming issues facing our world. Give us eyes to see the one life you call us to love and serve...then to do it again, and again, and again.