

The Vow

The Vow of Purity (Wk.4)

LifeGroup Notes

TALK IT OVER

Main Idea

I promise to guard our hearts and stand in Truth.

Key Scriptures

For this reason a man will leave his father and mother and be united to his wife, and they become one flesh. Adam and his wife were both naked, and they felt no shame. Genesis 2:24-25 (NIV)

Then the eyes of both of them were opened, and they realized they were naked; so they sewed fig leaves together and made coverings for themselves... But the Lord God called to the man, "Where are you?" He answered, "I heard you in the garden, and I was afraid because I was naked; so I hid." Genesis 3:7-10

"You have heard that it was said, 'You shall not commit adultery.' But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart. Matthew 5:27-28

Above all else, guard your heart, for everything you do flows from it. Proverbs 4:23

Your word I have treasured in my heart that I may not sin against you. Psalm 119:11

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Romans 12:2

If you want what few people have, you need to do what few people do.
- Craig Groeschel

Impurities Satan sowed in Adam and Eve:

- The impurity of confusion.
- The impurity of division.
- The impurity of unintended desire.

We need to reclaim God's line for purity in marriage.

Start talking.

- Pastor Joel opened with the examples from the FDA's Defect Level Handbook. Which example was most disturbing? Why?
- What are other areas of everyday life where culturally we have allowed for certain levels of impurity?
- Who benefits from lowering our purity standards as a society?

Start thinking.

- Read both Genesis passages. What were the immediate results of the impurity of sin for Adam and Eve?
- At what point was the battle for purity lost for Adam and Eve?
- How are "shame" and sin connected?

Start sharing.

- Read Matthew 5:27-28. How does that sit in you?
- What is the larger "heart" issue Jesus is calling out?
- Is such a standard unreasonable?
- Read Proverbs 4:23. Describe how it connects to protecting purity.
- How does treasuring God's word protect us from impurity? How would it have impacted Adam and Eve?

Start doing.

- The phrase "guard your heart" sets up the imagery of a military outpost. It says we are to be as Watchmen at the gates of our (and our spouse's) hearts. How can you apply that to your heart and the heart of your spouse?
- In what ways will be commit to treasure God's word for yourself and your spouse this week?
- Are there ways you need to, "renew your mind" in regards to your personal line for purity? Explain.
- What practical boundaries do you need to set this week for you and your spouse? Example: internet, social media, passwords with your spouse, etc.

Close in prayer.

There is grace upon grace upon grace for the times and ways we've allowed impurity into our personal lives and into the life of our marriages. Confess that sin to Jesus in prayer and invite His healing and forgiveness to wash over you and your relationship. Jesus wants to reclaim purity in your life and in the life of your marriage. Pray over each marriage by name. Invite God's leading, protection, mercy, and strength.