

Heroes

Just Be You (Wk.5)

LifeNotes

TALK IT OVER

Main Idea

Heroes use what they have for other people.

Key Scripture

No, in all these things we are more than conquerors through him who loved us.
Romans 8:37

Then the Lord said to him, "What is that in your hand?" "A staff," he replied.
Exodus 4:2

Late in the afternoon the Twelve came to him and said, send the crowd away so they can go to the surrounding villages and countryside and find food and lodging, because we are in a remote place here. He replied, "You give them something to eat." They answered, we have only five loaves of bread and two fish—unless we go and buy food for all this crowd. (About five thousand men were there.) But he said to his disciples, "Have them sit down in groups of about fifty each." The disciples did so, and everyone sat down. Taking the five loaves and the two fish and looking up to heaven, he gave thanks and broke them. Then he gave them to the disciples to distribute to the people. They all ate and were satisfied, and the disciples picked up twelve basketfuls of broken pieces that were left over. Luke 9:12-17

We can "just" ourselves out of our purpose as heroes.

- Just a guy, just a girl
- Just a dad, just a mom
- Just a son or daughter
- Just a student or teenager
- Just a grandpa or grandma
- Just no one special

God's Hero Strategy:

1. Just be you
2. Just trust Jesus
3. Just use what you have

Start talking.

- What are the titles you most consistently associate with yourself?
- Do you often believe the best or worst in yourself? Explain.
- How does what you believe about yourself impact how you live your life?

Start thinking.

- Read Roman 8:37. What are the "things" Paul is talking about?
- What makes us "more than conquerors"?
- How have you experienced Christ's love?
- Read Exodus 4:2. What are the common things in your "hand"?

Start sharing.

- Read Luke 9:12-17. What were the disciples feeling after Jesus told them to feed everyone?
- Are there things God has asked you to do that have felt scary/overwhelming? If so, what did you learn from that experience?
- How do you determine if what you're feeling led to do is from Jesus?

Start doing.

- What is one simple and tangible way you can use something you have to help others this week?
- How can you encourage others to use what they have?

Closing prayer.

The Kingdom of God expands when we use what we have to help others. As simple as this is, it can often be scary to step out in faith. Spend time praying for God to give you courage to step out and play the role of the hero he has declared you to be.