

# No Stopping Now

## Humble in Heart (Week 1)

### LifeNotes

## TALK IT OVER

### Main Idea

It's the humble in heart that welcome home the hurting.

### Key Scriptures

*I don't mean to say that I have already achieved these things or that I have already reached perfection. But I press on to possess that perfection for which Christ Jesus first possessed me. No, dear brothers and sisters, I have not achieved it, but I focus on this one thing: Forgetting the past and looking forward to what lies ahead, I press on to reach the end of the race and receive the heavenly prize for which God, through Christ Jesus, is calling us. Philippians 3:12-14 NLT*

*Then Jesus said, "Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light." Matthew 11:28-30 NLT*

*Is there any encouragement from belonging to Christ? Any comfort from his love? Any fellowship together in the Spirit? Are your hearts tender and compassionate? Then make me truly happy by agreeing wholeheartedly with each other, loving one another, and working together with one mind and purpose. Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. Don't look out only for your own interests, but take an interest in others, too. Have this mind among yourselves, which is yours in Christ Jesus, who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father. Philippians 2:1-11 NLT*

### Hallmarks of a Humble Person

1. Motivated by Love
2. All About the Team
3. Focused on Others
4. Awestruck by Jesus

### Start talking.

- What are your favorite modern-day conveniences?
- Have you ever made a terrible decision due to getting complacent and distracted?

### Start thinking.

- Read Matthew 11:28-30. Jesus calls people to come to him because he's humble and gentle. Why are these two traits so inviting?
- Why are we, as Christians, so often tempted to think that hurting people are "out there" rather than seeing our own struggle with selfishness?
- Do you agree with Pastor Ryan's statement that our joy in life has more to do with our motivations than it does with what we're actually doing?

### Start sharing.

- In what ways do you struggle the most with selfishness?
- How do you continually remind yourself of how great Jesus is? How do you prevent yourself from becoming complacent in regards to all that Jesus has done for you?
- Why is it impossible to become humble by trying to be humble?

### Start doing.

- How can you be awestruck by Jesus this week?
- How and is God calling you to serve in this current season?

### Closing prayer.

Father, thank you for the example of Jesus. Thank you for His servant's heart, for His willingness to become lowly for me, and for His humility that led Jesus to give his life for me. Help me to be continually awestruck by who He is and what He's done for me. Father, help me to humbly serve others so that you might be glorified.