

Through The Eyes Of A Lion

Gravitate To The Groan (Wk.2)

LifeNotes

TALK IT OVER

Main Idea

Let the pain of Saturday be a cue that Sunday is coming.

Key Scriptures

Open my eyes so I can see what you show me of your miracle-wonders.

Psalms 119:18 MSG

Luke 24:13-33

*While we live in these earthly bodies, we **groan and sigh**, but it's not that we want to die and get rid of these bodies that clothe us. Rather, we want to put on our new bodies so that these dying bodies will be swallowed up by life.* 2 Corinthians 5:4

That is why we never give up. Though our bodies are dying, our spirits are being renewed every day. For our present troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever. 2 Corinthians 4:16-18

Groaning is the soundtrack of Saturday.

When we gravitate to the groan:

- We will resist temptation.
- We will reset our focus.
- We will renew our hope.

If I find in myself a desire which no experience in this world can satisfy, the most probable explanation is that I was made for another world. – C.S. Lewis

Start talking.

- What are the things in life that make it difficult to see clearly?
- How have pain, tragedy, and hardship made it difficult for you to connect with God in the past?

Start thinking.

- Read Luke 24:13-33. In what ways had their circumstances over the last week overwhelmed their senses?
- Read Luke 24:20-21. How is pain often connected to our hope of redemption?
- Read 2 Corinthians 5:4. In what ways are our groaning the soundtrack to Saturday?
- Read Luke 24:30-33. Why were the hearts of the disciples “burning within” them?

Start sharing.

- What does it look like to press in toward the groaning?
- How will gravitating to the groan help us resist temptation; reset your focus; and renew your hope?
- Read 2 Corinthians 4:16-18 and the C.S. Lewis quote. How can we “fix our eyes” on “another world”?

Start doing.

- What is the current groan of your soul? How can that draw you closer to Christ?
- Groaning is the soundtrack of Saturday and pain has a playlist. What is the playlist of hope? Write it out and place it somewhere you can see it regularly.

Closing prayer.

Dear Jesus, help me to see you and your love for me clearly. Remind me that though my pain, troubles, and hardships are at times excruciating; they do not come close to comparing to the eternal joys you have for me.