

# Rooted

## Forgiven, not Accused (Week 3)

### LifeNotes

## TALK IT OVER

### Main Idea

**We are forgiven, free from every accusation, so that we can freely forgive ourselves and others.**

### Key Scriptures

*When one of the Pharisees invited Jesus to have dinner with him, he went to the Pharisee's house and reclined at the table. A woman in that town who lived a sinful life learned that Jesus was eating at the Pharisee's house, so she came there with an alabaster jar of perfume. As she stood behind him at his feet weeping, she began to wet his feet with her tears. Then she wiped them with her hair, kissed them and poured perfume on them. When the Pharisee who had invited him saw this, he said to himself, "If this man were a prophet, he would know who is touching him and what kind of woman she is—that she is a sinner." Luke 7:36-39 NIV*

*Jesus answered him, "Simon, I have something to tell you." "Tell me, teacher," he said. "Two people owed money to a certain moneylender. One owed him five hundred denarii, and the other fifty. Neither of them had the money to pay him back, so he forgave the debts of both. Now which of them will love him more?" Simon replied, "I suppose the one who had the bigger debt forgiven." "You have judged correctly," Jesus said. Luke 7:40-43 NIV*

*Then he turned toward the woman and said to Simon, "Do you see this woman? I came into your house. You did not give me any water for my feet, but she wet my feet with her tears and wiped them with her hair. You did not give me a kiss, but this woman, from the time I entered, has not stopped kissing my feet. You did not put oil on my head, but she has poured perfume on my feet. Therefore, I tell you, her many sins have been forgiven—as her great love has shown. But whoever has been forgiven little loves little." Then Jesus said to her, "Your sins are forgiven." The other guests began to say among themselves, "Who is this who even forgives sins?" Jesus said to the woman, "Your faith has saved you; go in peace." Luke 7:44-50 NIV*

*But he was pierced for our transgressions, he was crushed for our iniquities; the punishment that brought us peace was on him, and by his wounds we are healed. Isaiah 53:5 NIV*

### Accusation enslaves us to:

1. People pleasing
2. Paralyzing fear
3. Pride
4. Addictions
5. Accomplishments
6. Anger

### What does it look like to live in freedom?

1. Weep over your sin.
2. Worship Jesus.
3. Walk in forgiveness.

**Conscious choice must meet tangible action if we're to experience the joy found in forgiveness.**

### Start talking.

- On a scale of 1-10, how forgetful are you? What do you forget most often?
- What is the most memorable election commercial you've ever seen?

### Start thinking.

- Why do you think forgiving other people is so hard for us? Why do we often resort to accusation and condemnation?
- Read Luke 7:44-50. What does it mean that "whoever has been forgiven little loves little?" How does this play out in our lives?
- Read Ephesians 3:16-19. How does this passage describe our forgiven reality in a way that's really helpful, even though it doesn't mention forgiveness?

### Start sharing.

- What is the accusation you've written over yourself?
- Of the 6 things accusation enslaves us to, which do you struggle most with? Why?
- What has helped you to forgive yourself and others? How is your experience similar to the sinful woman? How is it different?
- How has forgiving yourself and others brought you peace?

### Start doing.

- Where does conscious choice need to meet tangible action for you?
- Which step that the sinful woman embodied (weep, worship, walk) is most important for you this week? What's one thing you plan to do or have already done in light of this week's message?