

# Rooted

## Chosen, Not Forsaken (Week 2)

### LifeNotes

## TALK IT OVER

### Main Idea

**You are chosen by the embodiment of love to embody that love in the lives of others.**

### Key Scriptures

I pray that out of his glorious riches he may strengthen you with power through his Spirit in your inner being, so that Christ may dwell in your hearts through faith. And I pray that you, being rooted and established in love, may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God. Ephesians 3:16-19 NIV

You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name the Father will give you. John 15:16 NIV

You are the light of the world. A town built on a hill cannot be hidden. Matthew 5:14 NIV

Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. Matthew 5:15 NIV

In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven. Matthew 5:16 NIV

**We cover up who we are, hoping others will choose us for who we are trying to be.**

### Rooting our identity as God's Chosen:

#### 1. Soak in the truth of scripture.

Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. For he chose us in him before the creation of the world to be holy and blameless in his sight. Ephesians 1:3-4 NIV

For you are a people holy to the Lord your God. Out of all the peoples on the face of the earth, the Lord has chosen you to be his treasured possession. Deuteronomy 14:2 NIV

#### 2. Seek to bear the fruit of love in others.

This is to my Father's glory, that you bear much fruit, showing yourselves to be my disciples. John 15:8 NIV

We are therefore Christ's ambassadors, as though God were making his appeal through us. 2 Corinthians 5:20a NIV

### Start talking.

- Why do we often cover up who we are?
- What is an example from your life where you have done that?

- How did an early experience inform your view of yourself?

### Start thinking.

- Read Ephesians 3:16-19. What is true of us when we are rooted and established in love?
- Read John 15:16. What does Jesus mean that we are, "chosen and appointed"? How does that inform the twofold blessing of being chosen?
- Read Matthew 5:14. Why does it matter that this is in the, "present tense"?
- Read Matthew 5:15. What is a light to do?
- Read Matthew 5:16. How does this verse inform our understanding of being Chosen?

### Start sharing.

- What have been some of the loudest voices defining your identity in the past?
- How have the negative ones held you back and created a negative wake in your life?
- Why does it matter that Jesus has chosen you as you are?
- How does being chosen now define your purpose?

### Start doing.

- Commit to memorize this week Ephesians 1:3-4 and Deuteronomy 14:2.
- Who will you intentionally love this week as a reflection of Christ's love?

### Closing prayer.

Lord Jesus thank you for choosing me, as I am, before the very foundations of the world. Thank you that no longer do I need to continue hiding my true self trying to be seen and chosen by others. Help me to walk in the two-fold blessing of my chosenness: set apart as I am, yet loved enough to call me forward to bear the fruit of loving others. Give me the courage to walk in freedom from the negative and destructive voices from my past and instead embrace my position and purpose as your chosen.