

Blood, Sweat, & Tears

The Value of Sacrifice (Wk.1)

LifeNotes

TALK IT OVER

Main Idea

A man who willingly sacrifices himself for others changes everything.

Key Scriptures

In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death—even death on a cross! Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.
Philippians 2:5-11 NIV

Sacrifice doesn't mean giving up something for nothing. It means giving up one thing for something else we believe is worth more.

Additional Scripture:

Ephesians 5:25
Hebrews 12:1-3

Start talking.

- How are men depicted in culture/media?
- What does that say about the role they should fulfill in society?
- How do those messages impact young men and boys?
- What are the values we want men to be known for?

Start thinking.

- Who benefits most when men fulfill their callings as men?
- Read Philippians 2:5-11. What were the aspects of His divinity that Christ sacrificed for our benefit?
- What did Jesus value more, that resulted in his sacrifice?
- Paul states Jesus became, "obedient to death". How was His obedience and sacrifice linked?
- What were/are the results of Christ's obedient sacrifice?

Start sharing.

- How does the call to "willingly" sacrifice sit in you?
- Why is it difficult?
- If you are brutally honest, what keeps you from sacrificing for others?
- Read Philippians 2:5. How does having the same "mindset as Christ Jesus" make sacrifice a more approachable idea?

Start doing.

- Read Hebrews 12:1-3. How can you develop an attitude of joyful sacrifice toward those around you?
- For men: Can you give one hour to one woman in your life this week?
- For women: Can you pray for one man to have the "mind of Christ" this week?

Closing prayer.

Men of God are made through blood, sweat, and tears. Manhood is not easy, nor is it accidental. It takes sacrifice, commitment, and kindness for men to become all they were created for. It also takes a community of Jesus followers lovingly praying for, walking alongside, and calling them out to God's higher standards. Spend time praying for the "mind of Christ" and for a passion to fulfill God's calling on your life.