

Blood, Sweat, & Tears

The Value of Commitment (Wk.2)

LifeNotes

TALK IT OVER

Main Idea

A man's commitment to God's purposes changes lives.

Key Scriptures

I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ.
Philippians 3:8

Don't you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should. 1 Corinthians 9:24-27

Commitment is, "resilience in the face of rejection, fortitude in the face of fear." – Mark Batterson

Additional Scripture:

Genesis 1:28
Exodus 3
Joshua 3
Daniel 6
Nehemiah 6:3
Luke 23:46

Start talking.

- What were some of the hobbies you were committed to growing up?
- What drew you to those things?
- How have those hobbies changed as you have gotten older?

Start thinking.

- Joel made the statement that, "Men are commitment confused." Agree or disagree, explain.
- What are 2-3 examples of commitment confusion in modern society?
- What are the external forces pulling all of us toward commitment confusion?
- Who benefits if we gain clarity around our most important commitments?

Start sharing.

- What stories of total commitment are you drawn to? Why?
- Read Philippians 3:8. What did Paul consider, "rubbish"?
- If, "knowing Christ Jesus my Lord" was our greatest desire and commitment, how might that change our priorities?

Start doing.

- Read 1 Corinthians 9:24-27. How does it impact your week to, "run with purpose in every step"? Is that a reasonable expectation?
- What can you do this week to demonstrate a recommitment to the purposes of Christ in your life?

Closing prayer.

Men of God are made through blood, sweat, and tears. Our commitments will determine our destinations. Talk is cheap. Our actions broadcast to the world our values and commitments. If Jesus is the name you claim, ask Him to refine your commitments and give you the courage to pursue with clarity and passion His purposes. The stakes are too high for us to get this wrong.