

Refocused

Always (Week 5)

LifeNotes

TALK IT OVER

Main Idea

Love has no limits, but love does set healthy boundaries.

Key Scriptures

Love is patient and kind; love does not envy or boast; it is not arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrongdoing, but rejoices with the truth. Love bears all things, believes all things, hopes all things, endures all things. 1 Corinthians 13:4-7 ESV

There is nothing love cannot face; there is no limit to its faith, its hope, its endurance. 1 Corinthians 13:7 REB

If anyone among you wanders from the truth and someone brings him back, let him know that whoever brings back a sinner from his wandering will save his soul from death and will cover a multitude of sins. James 5:19-20 ESV

When he went ashore he saw a great crowd, and he had compassion on them, because they were like sheep without a shepherd. And he began to teach them many things. Mark 6:34 ESV

And he arose and came to his father. But while he was still a long way off, his father saw him and felt compassion, and ran and embraced him and kissed him. Luke 15:20 ESV

We should set healthy boundaries.

1. **Draw lines in the sand with toxic people. (1 Corinthians 15:33)**
2. **Hold people accountable for sin and abuse. (1 Corinthians 5)**

The path to healthy boundaries is forged through the limitless law of love.

1. **Love confronts and covers injustice**
2. **Love believes the best**
3. **Love sees possibilities**
4. **Love works towards redemption**

Start talking.

- Have you ever pushed yourself past your limits? What's the worst thing that's happened when you've done so?
- If you could make sure one celebrity or politician came to faith in Christ, who would it be and why?

Start thinking.

- Why are relationships the hardest area to set healthy boundaries in?
- What did you think of Paul's statement that "Love roofs always?" Do you agree with Ryan's statement about this: "Love confronts and covers injustice?" Or would you add or subtract to that meaning?
- Is it possible to, like Jesus, see people for who they really are, while also believing the best in them? How do you find a healthy tension between being a hopeless optimist and living in reality?
- Read Luke 15:18-24. How does the father's love towards the prodigal son reveal how healthy boundaries and limitless love can coexist?

Start sharing.

- Are you more prone to avoid the issue or abandon the person? Why?
- Who's the person(s) who you have the hardest time loving right now?
- How have you seen healthy boundaries, discipline, and correction help other people grow?
- Is there anything you'd add to Ryan's message, based on your own experience, in regards to loving others and setting healthy boundaries?

Start doing.

- Ponder: Where might you need to set some healthy boundaries? How could you confront and cover injustice this week?
- Pay Attention: Do you believe the best in others? Do you see the possibilities in people?
- Prayerfully Pursue: What would it look like to work towards redemption in your relationships?